

























Bedfont Lakes Country Park

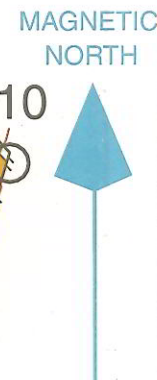
Scale: 1 : 5,000
Contours 2.5 m

-  Open grass
-  Rough grass
-  Rough grass with trees
-  Forest: run
-  slow
-  walk
-  fight
-  Water
-  Marsh
-  Out of bounds
-  Car Park

-  Building
-  Fence
-  Gate
-  High fence
-  Major path
-  Path
-  Small path
-  Hide
-  Bridge
-  Contour line
-  Form line
-  Embankment
-  Single tree



Survey and cartography by R and J Grant, based on a map supplied by Bedfont Lakes Country Park. Copyright Community Initiative Partnerships June 1999



1	2	3	4	5	6	7	8	9	10	11
12	13	14	15	16	17	18	19	20	21	22

BEDFONT LAKES COUNTRY PARK

Permanent Orienteering Course

Sponsored by

BAA Heathrow 

Heathrow in the Community

If this is the first time you have tried orienteering, these notes will explain how you can get the most from the permanent course.

Map Study the map carefully. Open land is yellow while woods are shown as white or green. Look at the legend on the map. This explains the various symbols used on the map to show tracks, paths, buildings and the different types of vegetation.

Scale The scale of the map is 1:5,000 which means that 1 centimetre on the map is equivalent to 50 metres on the ground.

North Magnetic North is at the top of the map and is shown by the thin vertical black lines.

Start The start/Finish, shown by a black triangle and double circle, is in front of the Visitor Centre.

Controls The controls sites are shown on the map as black circles with accompanying numbers. At each control you will find an orienteering symbol on either a gate, waymarking or fence post. Below there is a description list which describes the features at which the control posts can be found. Each post has a number which corresponds to the black number on the map. Each post also has a letter which you can write down the corresponding box on the front of the map to show that you have visited the control.

Descriptions	
1 Path Junction	12 Top of Motte
2 Gate	13 Path junction
3 Fence corner	14 Fence corner
4 Hide	15 Gate
5 Path Junction	16 Gate
6 Fence corner	17 Fence corner
7 Fence corner	18 Fence corner
8 Bridge	19 Fence corner
9 Embankment	20 Path junction
10 Fence corner	21 Path bend
11 Path junction	

Courses Below are the three suggested courses

Course A	Length 1.80km	Start - 1 - 2 - 5 - 18 - 19 - 20 - 21 - Finish
Course B	Length 3.00km	Start - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 13 - 16 - 15 - 14 - 18 - 20 - 21 - Finish
Course C	Length 3.60km	Start - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10 - 11 - 12 - 16 - 15 - 17 - 18 - 19 - 20 - 21 - Finish

Details of other permanent courses in the South East are available from The Silva Service, Unit 10, Sky Business Park, Eversley Way, Egham, Surrey TW20 8RF Telephone number: 01784 471 721

If you would like to try orienteering again, further information about events and clubs can be obtained from Julianna Grant, Regional Development Officer, 41 Osborne Road, Brighton, BN1 6LR. Telephone number 01273-508 796.

